

- Free breast x-rays (mammograms) for women aged 50 to 64 every two years.
- Aim is to find breast cancer at the earliest possible stage, when it is easier to treat.
- If an appointment time or date doesn't suit, it can be easily changed.
- Results take just three weeks.
- Most mammogram results are normal.
- BreastCheck is for women who have no symptoms of breast cancer.
- If you have any concerns or symptoms, see your family doctor (GP) immediately.
- For more information Freephone 1800 45 45 55 or visit www.breastcheck.ie.

- Free smear tests for women aged 25 to 60.
- Aim is to find changes on the cells of the cervix before they become cancer.
- To arrange your free smear test, make an appointment with any doctor or nurse registered with CervicalCheck.
- Results take just four weeks.
- Most smear test results are normal.
- CervicalCheck is for women who have no symptoms of cervical cancer.
- If you have any concerns or symptoms, see your family doctor (GP) immediately.
- For information or details on where to have a smear test Freephone 1800 45 45 55 or visit www.cervicalcheck.ie.

- Free bowel screening for men and women aged 60 to 69 every two years.
- In time the programme will be extended to men and women aged 55-74
- Aim is to find bowel cancer at the earliest possible stage.
- Screening is by invitation and a test kit is sent directly to your home.
- Results take just four weeks.
- Most results are normal.
- BowelScreen is for men and women who have no symptoms of bowel cancer.
- If you have any concerns or symptoms, see your family doctor (GP) immediately.
- For more information Freephone 1800 45 45 55 or visit www.bowelscreen.ie.

- Free diabetic retinopathy screening for people with diabetes aged 12 and over.
- Anybody with Type 1 or Type 2 diabetes is at risk.
- Diabetic RetinaScreen uses special digital photography to look for changes that could affect sight.
- Diabetic retinopathy may not have any symptoms in the early stage.
- When caught early, treatment can reduce or prevent damage to your sight.
- Screening is by invitation.
- An appointment takes about half an hour.
- Results take just three weeks.
- For more information Freephone 1800 45 45 55 or visit www.diabeticretinascreen.ie.



- The National Cancer Screening Service (NCSS) is part of the Health Service Executive National Cancer Control Programme. The NCSS is responsible for Government funded population-based screening programmes – BreastCheck – The National Breast Screening Programme, CervicalCheck – The National Cervical Screening Programme, BowelScreen – The National Bowel Screening Programme

and Diabetic RetinaScreen – The National Diabetic Retinal Screening Programme.

- Equal access is provided to all. For more information or to contact an Access Officer Freephone 1800 45 45 55.
- For more information see www.cancerscreening.ie or call 01-8659 300.