

Diabetic RetinaScreen Bulletin

November 2023

About Diabetic RetinaScreen

Diabetic RetinaScreen programme is for people in Ireland with diabetes and who are at risk of retinopathy. Diabetic retina screening is available free of charge for everybody. It's for people with type 1 and type 2 diabetes aged 12 years and older.

To register your diabetic patient – go to hse.ie/diabeticretinascreen or freephone 1800 45 45 55.

Alternatively, your patient can fill in a registration form online which they will need to print and have it signed/stamped by you before sending the form to:

Diabetic RetinaScreen
 FreePost
 PO Box 328
 North City DSU
 Cork

Diabetic RetinaScreen has a range of supporting documents and videos to support the patient journey. You can access our latest video [here](#) and also through our website hse.ie/diabeticretinascreen



Screening for women with diabetes who become pregnant:

Did you know that women with T1 or T2 diabetes that become pregnant are at greater risk of serious eye problems?

Diabetic RetinaScreen now has a national pathway that offers more frequent [eye screening for pregnant women](#).

This service is arranged through your patient's maternity unit with local screening locations.



Diabetic RetinaScreen pathways

- Annual recall pathway - patients will be invited annually to attend screening
- Two yearly screening – patients with two consecutive screens of no retinopathy will be invited every two years for screening
- Digital Surveillance Screening – patients with background retinopathy will be monitored more frequently (every 6 months) in a community screening environment
- Pregnancy pathway screening – for women with type 1 or type 2 diabetes who become pregnant.



Your guide to diabetic retinopathy screening

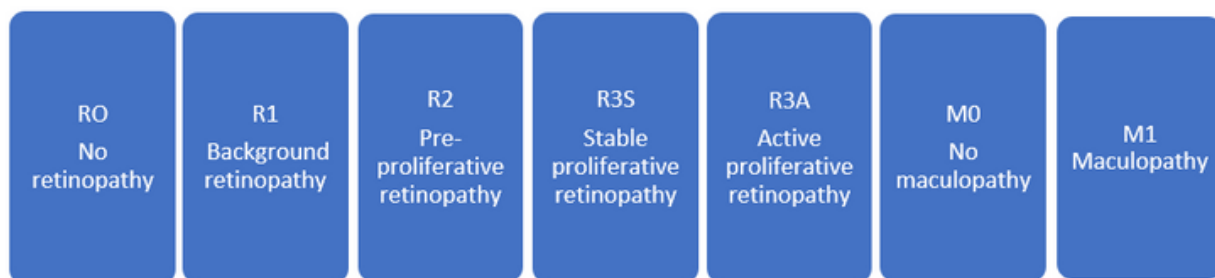
The programme will refer patients with an outcome of retinopathy for further investigation or follow up, to one of the programme's 8 treatment clinics nationally.

How screening is delivered

- Once patients are registered with the program, they will receive an appointment letter in the post.
- Results are sent to the participant, their nominated GP and/or endocrinologist, who will also receive the associated management recommendation.
- The GP will receive a more in-depth results letter of the outcome of the patient's screening appointment. This will allow the GP to discuss the results and/or treatment management options available to the patient.

What is Retinopathy & Maculopathy (R&M) grade information

Below is a breakdown of results that may appear on a patient's result letter and what they indicate. The grade on the patient's result letter will determine what screening pathway they are placed under to provide appropriate monitoring and/or treatment for their individual needs.



Contact us

Diabetic RetinaScreen

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Freephone: 1800 45 45 55

Website: hse.ie/diabeticretinascreen

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